

A top-down view of various spa products and botanicals arranged on a white surface. In the top left is a round gold jar filled with a thick, light green cream. To its right are several white orchid flowers with pinkish-red speckles. Below the cream jar is a small white dish containing a white granular substance, and next to it is a small clear jar with white cream. In the center is a large, smooth, light-colored oval soap. To the left of the soap is a large, vibrant green monstera leaf with a single white orchid flower resting on it. At the bottom center is a small round wooden object, possibly a massage stone. In the bottom right corner is a gold bowl filled with several thin, round slices of fresh cucumber. The background features a faint, light green botanical pattern of leaves and stems.

Rest, Relaxation  
& Rejuvenation

2025 RATES

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THE SPA



# Spa Treatment

Explore a new kind of spa experience within a unique setting of Dubai Polo & Equestrian Club. Awaken your senses & feel re-energized with a variety of indulging treatments. Experience the mix of ingredients that not only enhance your natural glow but also wipe away the stresses & strains of daily life.

Benefit from our award-winning, luxury skincare brand, Natura Bisse, known for its scientifically-tested products. Our treatments are designed to fight skin aging & dullness with the help of the traditional therapies from different cultures.

These products provide you with treatments in the instant results, without causing the skin any disturbance. The treatments are the solution to various skin needs, combining the most avant-garde trends with technological innovation and the traditional therapies from different cultures.

We use the most appropriate tools & always approach from a perspective of excellence. Our goal is to offer the effectiveness of aesthetic techniques & the wellbeing of an urban spa experience.

## FACIAL TREATMENT

### The 3D Collagen Shock *(75 mins)*

*Sculpts | Firms | Tightens*

Remodeling & firming treatment that sculpts & defines your facial contour. Improves skin density & preserves moisture. This innovative facial provides an excellent lifting effect while revealing incredibly supple & plump skin.

AED 685

### The Cure *(75 mins)*

*Detoxifies | Restores | Hydrates*

A proper antidote against the ravaging effects our modern lifestyle has on our skin. This deep cleansing facial includes an innovative enzymatic detox & steam to open & purify pores, as well as a meticulous extraction process, revealing extraordinarily soft & radiant skin.

AED 685

### The Bespoke Facial *(60 mins)*

*Purifies | Brightens | Balances | Revitalizes | Stimulates | Firms | Soothes | Comforts | Calms*

This essential customized facial treatment experience reenergizes cellular function & reveals perfectly hydrated skin. The revitalizing power of Natura Bisse will decongest & brighten a dull complexion restoring clarity & a healthy glow. An antioxidant treatment that restores vitality to sun-damaged skin & helps minimize the signs of premature aging, stimulate collagen production & renew skin firmness or rebuild skin tolerance, visibly reduce sagging & reverse micro inflammation which causes premature aging. Specifically designed to reinforce the skin instantly, this tailored facial is a serious answer for hypersensitivity & rosacea.

AED 545

### The Express Facial *(30 mins)*

*Cleanses | Hydrates | Calms*

A revitalizing treatment to rejuvenate skin without exfoliation; ideal for all skin types. Perfect before that special date or as an introduction to facial protocols.

AED 330



## BODY MASSAGE

### Swedish Massage (60/80 mins)

A combination of medium pressure & specific movements for each area of the body. With a concentration on the major muscle groups, it relieves tension & improves skin firmness and elasticity.

AED 515/745

### Aromatherapy (60/80 mins)

Aromatherapy is one of the most effective ways to relax & balance your inner self. It helps to clear your mind & make space for new ideas & positive thoughts. Aromatherapy is an amazing combination of essential oils & relaxing massage. It helps eliminate anxiety to reach a state of peace & balance.

AED 515/745

### Deep Tissue Massage (60/80 mins)

This massage helps eliminate the excess lactic acid & regenerate tired & tight muscles, with an emphasis on leg & back areas. Combined with strong pressure, it is an invigorating stretching experience to help loosen tightened muscle & improve flexibility.

AED 515/745

### Balinese Massage (60/80 mins)

This holistic massage uses a combination of gentle stretches, acupressure, reflexology & aromatherapy to stimulate the flow of blood, oxygen & energy around your body, to bring a sense of calm & deep relaxation.

AED 515/745

### Hot Stone Massage (90 mins)

While all types of massage can help relieve pain caused by tensed muscles, hot stone massage may provide greater relief if muscles are extremely tight or stiff. The heated stones provide the extra relaxation you need in releasing tension & easing sore muscles.

AED 750

### Reflexology Therapy (60 mins)

Diagnostic pressure point massage of the feet, which helps to stimulate reflex points corresponding to different body organs & systems & promote a healing effect throughout the body.

AED 450

### De-Stress Back Massage (30/60 mins)

A back massage effectively relieves pain as well as increases range of movement, breaks down scar tissue & maintains healthy muscles.

AED 330/515

### Head & Scalp Massage (30 mins)

A combination of pressure point movements to promote healthy hair growth, relieve headaches and enhance mental clarity.

AED 330

### Foot & Ankle Massage (30 mins)

Helps relieve stress and stimulate circulation with this foot and ankle treatment.

AED 330



## BODY TREATMENTS

### Detox Marine Essence (60 mins)

*Detoxifies | Regenerates | Hydrates*

Polishes away dead skin cells while marine algae detoxifies & firms the body.

AED 480

### Skin Enhancer Scrub (30 mins)

*Exfoliates | Softens | Renews*

Salt crystals are rich in therapeutic minerals that effectively eliminate dead skin cells, leaving the skin smooth, soft & nourished, while the citric exfoliation revitalizes & brightens skin.

AED 330

# THE SPA

DUBAI POLO & EQUESTRIAN CLUB

For bookings, please call

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