

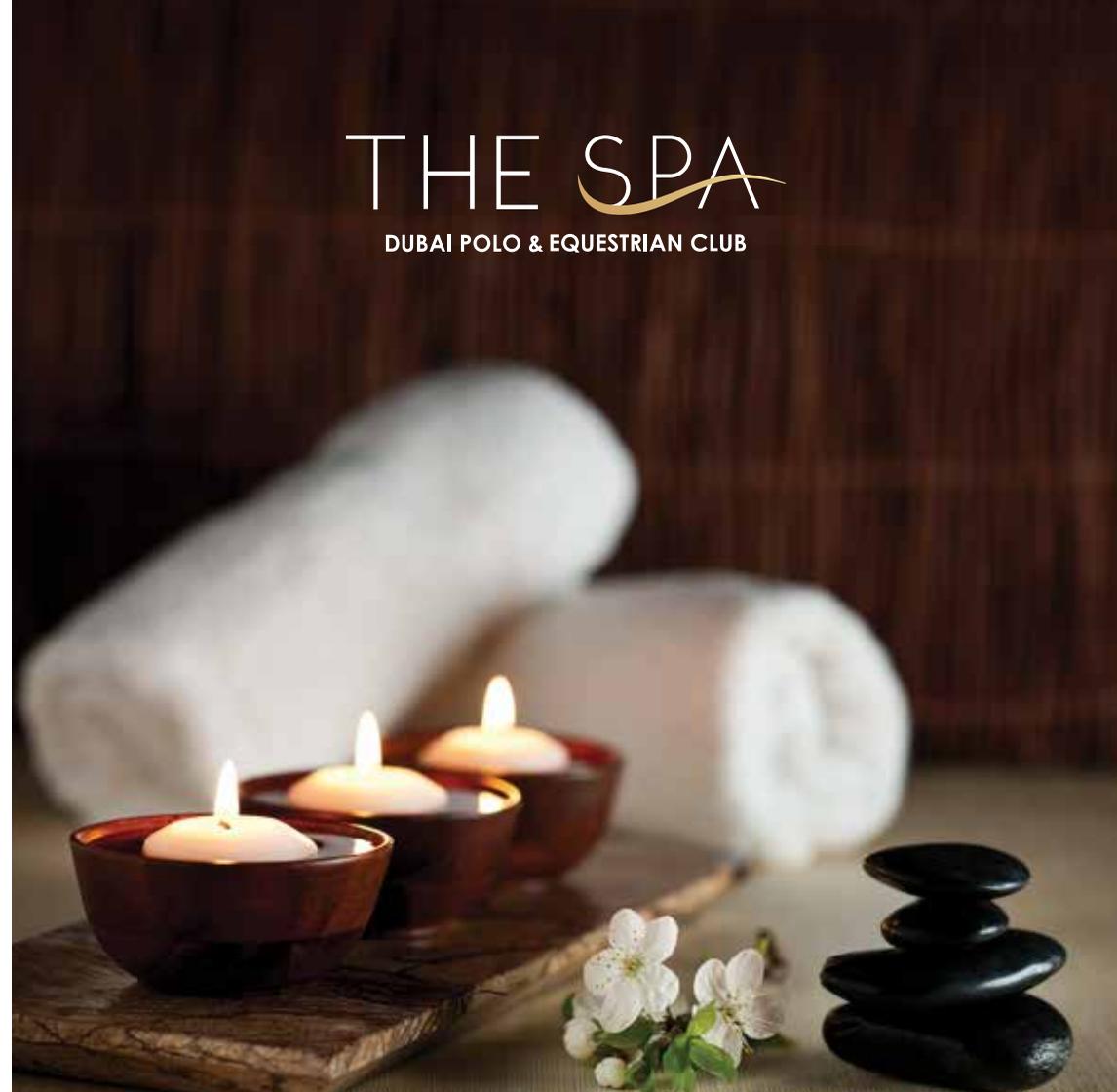


DUBAI POLO &
EQUESTRIAN CLUB

For reservations please call
T +971 4 362 7892 E thespa@poloclubdubai.com
POLOCLUBDUBAI.COM

THE SPA

DUBAI POLO & EQUESTRIAN CLUB





BEAUTIFUL SKIN STARTS HERE

Explore a new kind of spa experience within a unique setting of Dubai Polo & Equestrian Club. Awaken your senses and feel re-energised with a variety of indulging treatments. Experience the mix of ingredients that not only enhance your natural glow but also wipe away the stresses and strains of daily life.

Benefit from our award-winning, luxury skincare brand, Natura Bisse, known for its scientifically-tested products, our treatments are designed to fight skin aging and dullness. These products provide you with salon-like treatments in the comfort of your homes, without causing the skin any disturbance. Combining the most avant-garde trends with technological innovation and the traditional therapies of different cultures, our treatments are the solution to various skin needs. We use the most appropriate tools and always approach from a perspective of excellence.

Our goal is to offer the effectiveness of aesthetic techniques and the wellbeing of an urban spa experience.

FACIAL TREATMENTS

THE 3D COLLAGEN SHOCK

75 MINUTES

Sculpts · Firms · Tightens

Remodelling and firming treatment that sculpts and defines your facial contour, improves skin density and preserves moisture. This innovative facial provides an outstanding lifting effect while revealing incredibly supple and plump skin.

THE CURE

60 MINUTES

Detoxifies · Restores · Hydrates

A true antidote against the ravaging effects our modern lifestyle has on our skin. This deep cleansing facial includes an innovative enzymatic detox and a steam to open and purify pores as well as a meticulous extraction process, revealing extraordinarily soft and radiant skin.

THE O2 RELAX

60 MINUTES

Purifies · Brightens · Balances

This essential exfoliating and invigorating treatment re-energises cellular function and reveals perfectly hydrated skin. The revitalising power of pure oxygen will decongest and brighten a dull complexion restoring clarity and a healthy glow.





THE CITRUS ESSENCE

60 MINUTES

Revitalises · Stimulates · Firms

An antioxidant treatment that restores vitality to sun damaged skin and helps minimise the signs of premature aging. 100% pure Vitamin C will stimulate collagen production and renew skin firmness.

THE SKIN COMFORT

60 MINUTES

Soothes · Comforts · Calms

Rebuild skin tolerance, visibly reduce sagging and reverse micro inflammation which causes premature aging. Specifically designed to instantly reinforce the skin, this tailored facial is a serious answer for hypersensitivity and rosacea.

THE EXPRESS FACIAL

30 MINUTES

Cleanses · Hydrates · Calms

A revitalising treatment to rejuvenate skin without exfoliation; ideal for all skin types. Perfect before that special date or as an introduction to facial protocols.



BODY MESSAGES

AROMATHERAPY MASSAGE 60/90 MINUTES

Aromatherapy is one of the most effective means to relax and balance your inner self. It helps to clear your mind and make space for new ideas and positive thoughts. Aromatherapy is an amazing combination of essential oils and relaxing massage. It helps to eliminate anxiety and to reach a state of peace and balance.

CLASSIC SWEDISH MASSAGE 60/90 MINUTES

Swedish massage is the most common type of Western massage therapy and uses a combination of massage strokes. It's based on a Western approach to anatomy and physiology rather than the flow of energy in the body, which is often the focus of Asian massage techniques.

BALINESE MASSAGE 60/90 MINUTES

This holistic massage uses a combination of gentle stretches, acupressure, reflexology and aromatherapy to stimulate the flow of blood, oxygen and energy around your body, and bring a sense of wellbeing, calm and deep relaxation.





HOT STONE MASSAGE

90 MINUTES

While all types of massage can help relieve pain caused by tense muscles, hot stone massage may provide greater relief if muscles are extremely tight or stiff. The heated stones provide the extra relaxation you need in releasing tension and easing sore muscles.

REFLEXOLOGY THERAPY

60 MINUTES

Diagnostic pressure point massage of the feet, which helps to stimulate reflex points corresponding to different body organs and systems and promote a healing effect throughout the body.

BACK MASSAGE

30 MINUTES

The human back is made up of different muscle groups. Because these muscles are so closely connected, when one muscle gets tensed, the rest seem to follow. So, it's important not to leave it too long before you book yourself a relaxing massage.





BODY TREATMENTS

DETOX MARINE ESSENCE

75 MINUTES

Detoxifies · Regenerates · Hydrates

Bamboo particles polish away dead skin cells while marine algae hydrate, detoxify and firm the body.

LIPOCELL SCULPTOR

75 MINUTES

Slims Down · Firms · Sculpts

An ultra-concentrated slimming and anti-cellulite gel combined with advanced massage techniques to effectively contour your silhouette. The draining and detoxifying active ingredients address and prevent fat nodules to reduce volume for firmer, smoother skin.

BODY POLISH BAR

30 MINUTES

Exfoliates · Softens · Renews

Select either the bamboo micro-fibres that effectively eliminate dead skin cells, leaving skin smooth, soft and nourished or the citric exfoliation that revitalises and brightens skin.

MANICURE & PEDICURE

CLASSIC MANICURE	45 MINUTES
CLASSIC PEDICURE	50 MINUTES
COMBO - MANICURE & PEDICURE	90 MINUTES
POLISH CHANGE	20 MINUTES
PARAFFIN TREATMENT	30 MINUTES

WAXING

FULL LEGS	40 MINUTES
HALF LEGS	30 MINUTES
BIKINI LINE	20 MINUTES
FULL ARMS	30 MINUTES
HALF ARMS	20 MINUTES
UNDER ARMS	15 MINUTES
UPPER LIP/CHIN	15 MINUTES





THE SPA
DUBAI POLO & EQUESTRIAN CLUB

SPA TREATMENTS RATES

FACIAL TREATMENTS

THE 3D COLLAGEN SHOCK	AED 625.00
THE CURE	AED 555.00
THE O2 RELAX	AED 499.00
THE CITRUS ESSENCE	AED 499.00
THE SKIN COMFORT	AED 505.00
THE EXPRESS FACIAL	AED 270.00

BODY MASSAGES

AROMATHERAPY MASSAGE	AED 410.00 / AED 580.00
CLASSIC SWEDISH MASSAGE	AED 410.00 / AED 580.00
BALINESE MASSAGE	AED 410.00 / AED 580.00
HOT STONE MASSAGE	AED 625.00
REFLEXOLOGY THERAPY	AED 410.00
BACK MASSAGE	AED 270.00

BODY TREATMENTS

DETOX MARINE ESSENCE	AED 625.00
LIPOCELL SCULPTOR	AED 625.00
BODY POLISH BAR	AED 270.00

MANICURE & PEDICURE

CLASSIC MANICURE	AED 105.00
CLASSIC PEDICURE	AED 120.00
COMBO - MANICURE & PEDICURE	AED 200.00
POLISH CHANGE	AED 55.00
PARAFFIN TREATMENT	AED 100.00

WAXING

FULL LEGS	AED 125.00
HALF LEGS	AED 90.00
BIKINI LINE	AED 70.00
FULL ARMS	AED 105.00
HALF ARMS	AED 65.00
UNDERARMS	AED 55.00
UPPER LIP/CHIN	AED 45.00



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